

THLA NEWS

SEXUALITY THROUGH THE LIFESPAN

THLA hosted its 1998 annual dinner meeting at the University of Toronto Faculty Club on May 4th. THLA members and guests were entertained by the humorous and informative presentation by Sue Johanson, a registered nurse who travels extensively to teach sex and sexuality to thousands of students and adults every year. She also hosts a nationally syndicated radio program "The Sunday Night Sex Show," in addition to weekly television shows.

Beginning with the birth of a baby, Ms. Johanson described the ways in which parents teach their children to deny their sexuality, by saying things such as "Don't do that," and "Nice girls don't do that." Girls are not taught a vocabulary for their genitals, while boys learn to "do it" fast and sneaky. As a result, individuals grow up believing in myths and misconceptions about sex and have to learn the "hard way." Adolescents aren't given the information that they need to know because parents are embarrassed or consider the topic too personal. We aren't given permission to learn about ourselves as sexual human beings.

Parents today have an obligation to teach their kids about sexuality. In the process, Ms. Johanson is convinced that parents learn a great deal, too. We cannot leave it up to the schools to teach sex; our kids deserve a combined education at home and school. Children pick up their attitudes and values about sex from watching the way we show affection to our partners and listening to us as we discuss sexual issues. Ms. Johanson advocates that we are responsible for our own sexual pleasure and enjoyment, in which a partner can assist.

The need for sex decreases with age. Both men and women continue to need romance - kissing, cuddling, hugging, body contact, or as Ms. Johanson calls it, the Urge to Merge. For couples who are DINTS (Double Income No Time for Sex), Ms. Johanson recommends planning a date and having fun with games, sex toys, or fulfilling fantasies. The important thing is to relax and enjoy. Discussion of sex after pregnancy and menopause completed the lifespan.

Although learning about sex is the most difficult thing anyone will ever do in their lifetime, sex is a gift from God and ours to enjoy. It's up to us to spend more time learning about it. Each of Ms. Johanson's books, *Talk Sex*; *Sex, Sex and More Sex*; and *Sex is Perfectly Naturally, but Not Naturally Perfect*, includes an extensive bibliography for further enlightenment.

- Terri Rothman, Editor

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***It's Time
to Renew
Your
Membership!***

***A Renewal Form has
been included with
this newsletter for
your convenience.***

TORONTO HEALTH LIBRARIES ASSOCIATION

P.O. Box 94056, 3332 Yonge Street, Toronto, ON M4N 3R1 (416) 485-0377

An official chapter of the CHLA/ABSC

FACES & PLACES

Ray Banks is now with the Canadian Mental Health Association - Ontario Division as the Co-ordinator of the Mental Health Information Centre. The Centre includes library services for the Ontario Division as well as for the 35 Branches and a soon-to-be launched Web-based provincial clearinghouse for mental health information. Ray has also recently acquired a newly minted certificate in Web development and troubleshooting from the Digital Information Centre, Humber College. cmhaon@ican.net

Terri Rothman, outgoing Newsletter Editor, transfers to Secretary for the 1998/1999 CASLIS (Canadian Association of Special Libraries and Information Services) Executive.

Marilyn Schafer's new e-mail address is mschafer@yesic.com

John Tagg will be paddling for the Toronto East General team in the Dragon Boat Competition Hospital Cup race. Other hospital teams include Humber River Regional, St. Mike's, and Sunnybrook Health Science Centre.

WELCOME NEW MEMBERS

Elizabeth Hall works in the Staff Library at the Runnymede Chronic Care Hospital in Toronto. Tel: 762-7316; Fax: 762-3836.

Carol Jones-Simmons is a librarian at the Tom Leon Health Resource Centre, Centenary Health Centre in Scarborough. Tel: 281-7285; Fax 281-7360.

RETIRED MEMBERS

Madeline Grant, formerly of the Baycrest Centre for Geriatric Care Staff Library, has a new e-mail address: grantm@istar.ca. Tel/Fax: 488-3202.

Good luck to **Bernice Friedman**, formerly of the St. John's Rehabilitation Hospital Library. She can be reached at Tel: 223-9283; e-mail: jfriedman@sprint.ca

Aileen Kennedy Fisher, formerly of the Toronto East General and Orthopaedic Hospital Health Sciences Library has a new e-mail address: afisher@pathcom.com

POSITION AVAILABLE

Library Technician, Health Sciences Library (Part Time, 2 days/week)

Scarborough Grace Hospital Health Sciences Library, located in north-west Scarborough is seeking a library technician. The library technician will be responsible for the acquisition, organization, maintenance and provision of library materials; will assist in the processing of interlibrary loans; will perform a variety of organizational and clerical procedures necessary to the efficient functioning of the library; will assist the librarian on special projects; and will be responsible for the library during the Librarian's absence.

Qualifications and skills required:

- Diploma from a recognized Library Technician programme
- Experience in a health sciences library an asset
- Knowledge of Microsoft Office
- Typing speed of 50 words/minute
- Familiarity with Inmagic DB/Text, Docline, and the Internet an asset
- Knowledge of bibliographic searching
- Ability to work independently
- Good communication and interpersonal skills

Only applicants who will be interviewed will be contacted. Please submit your resume in writing by **June 4, 1998** to the attention of:

Human Resources
Scarborough Grace Hospital
3030 Birchmount Road,
Scarborough, ON M1W 3W3

FIVE SURGEONS TAKING A COFFEE BREAK...

1st surgeon says: Accountants are the best to operate on because when you open them up, everything inside is numbered.

2nd surgeon says: Nah, librarians are the best. Everything inside them is in alphabetical order.

3rd surgeon says: Try electricians, man! Everything inside THEM is color coded.

4th surgeon says: I prefer lawyers. They're heartless, spineless, gutless and their heads and their butts are interchangeable.

To which the 5th surgeon, who has been quietly listening to the conversation, says: I like British car restorers... they always understand when you have a few parts left over at the end.

EDITOR'S ENDNOTE

I have enjoyed being the newsletter editor for the past two years, trying to find some interesting tidbits of information or entertainment to complement the lives of health sciences information professionals. It was particularly rewarding when an article prompted a few Letters to the Editor. I would like to thank **Gaby Fernandes** and **Mary Robinson** for their help, and leave you with a few highlights of **Medical History**:

1280 AD	Eye-glasses invented
1590	Introduction of compound microscope
1609	Invention of clinical thermometer
1842	Anesthesia first used during surgery
1864	Lister introduces antiseptic surgery
1899	Aspirin introduced by Bayer
1921	Insulin isolated by Banting and Best
1928	Pap test developed by Papanicolaou
1966	First artificial heart implanted
1978	First test-tube baby is born
1981	First clinical description of AIDS
1990	American surgeons first used gene therapy to treat a patient

- Terri Rothman, Editor

Sources: *Biographical Dictionary of Medicine*, 1990 and *World Book Encyclopedia*, 1996 Edition.

1998 THLA STUDENT PRIZE

Nancy Kilgour-Solheim achieved the highest grade in Dr. Joanne Marshall's Health Sciences Information Resources course at the Faculty of Information Studies at U of T. The THLA prize includes: a certificate, a cash award, one year's membership in THLA, and attendance at the annual dinner (May 4th) as a guest.

Nancy graduated from Queen's University in 1980 with an M.D. after first completing two years of a B.Sc. program in Life Sciences. She completed a residency in Pathology at McGill University in 1985, before finally deciding to leave medicine. Then Nancy worked for seven years in the financial/banking field (with the CIBC), leaving with a severance package under their restructuring program.

Nancy decided to further her education, so in 1996 she enrolled full-time in the MLIS program at McGill, then transferred to U of T for her second year because her husband's job moved them to Toronto.

Nancy did a practicum on electronic Internet-based journals related to HIV/AIDS for CATIE, the Community AIDS Treatment Information Exchange. This was a valuable learning experience for her, and she enjoyed working with Robert Melrose at CATIE.

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1998/1999 THLA EXECUTIVE

PRESIDENT

Karen Smith

Born and raised in Quebec City, Karen moved to St. Catharines to attend Brock University. She enjoyed working at the university library so much that she decided to make a career of it. Karen obtained her MLS at U of T and has been a special librarian ever since. She has set up and managed several libraries including one for Bell Canada, Canadian Diabetes Association and three for SNC-Lavalin. Karen's current position as Manager, Corporate Library at Purdue Frederick is the most fulfilling and enjoyable experience of her career.

PRESIDENT-ELECT

Anita Lambert-Lanning

Anita is a Research Librarian at the Dept. of Family and Community Medicine at The Toronto Hospital (TTH/DFCM) where she maintains a core collection of Primary Care Research and Education material and a small computer learning centre. She also works as a research associate, clinical librarian, and lecturer of clinical clerks and residents at TTH/DFCM, a teaching site of the University of Toronto. She completed her Honors BA in Communication Studies at York University in 1988 and her Master of Library Science at the University of Toronto in 1994. She has done tours of duty as a special libraries consultant with the Institute for Work and Health and at the Toronto East General Dept. of Family and Community Medicine.

PAST-PRESIDENT

Brian Cameron

Brian is an Information Specialist in the Health Sciences Libraries of The Toronto Hospital, where he has been employed since 1994. He graduated with a BA in history from the University of Guelph, followed by an MA in Soviet History/International Relations from Wilfrid Laurier University, where he worked as a TA in courses on early 20th Century Europe, Military History, International Relations, and Russian-Soviet history. Brian also worked as a Research Assistant while at WLU. After a year and a half in two different jobs, he decided to enroll in the MLS program at U of T. He has been the curator of the Hart House Library at U of T, a Lab Advisor at FIS, and a Research Assistant in the Faculties of Sociology and Law at U of T.

SECRETARY

Robert Melrose

For the past three years Robert has been the information manager at CATIE (Community AIDS Treatment Information Exchange). Robert obtained his MLIS from McGill University and worked in psychiatry at the Allen Memorial Institute and in pediatrics at the Montreal Children's Hospital. Moving to Toronto in 1992, Robert worked in family medicine at the College of Family Physicians of Canada before taking on the position of Information Manager at CATIE in 1995. Robert is a member of THLA, CHLA and CANNET - a Canadian network of HIV library/resource centres.

TREASURER

Pam Richards

Pam is the Systems Librarian and is responsible for the information needs of the UREEO program and the house staff at St. Michael's Hospital. She helped build the database for the Health Science Library online catalogue before signing on full-time. Prior to that, Pam worked at the Leisure Information Network as an Electronic Librarian. She earned her undergraduate degree in the Natural Sciences at Johns Hopkins and her two Masters degrees at U of T. She studied the history of evolution for her first Masters in the History of Science & Medicine and received her MLS in 1996.

NEWSLETTER TEAM

Gaby Fernandes, Editor

Gaby has a BSc (Biology) from Aston University in Birmingham, England, and an MLIS from the University of Western Ontario (1993). She worked in both medical and agricultural libraries during her career. Prior to library school, Gaby developed bibliographic databases on marine fisheries in the Caribbean! Gaby joined the library at North York General Hospital in 1995 and is currently the Technical Services Librarian.

Maureen Pakosh, Assistant Editor

Maureen is a graduate of Seneca's Library and Information Technology program and currently works for the W. Keith Welsh Library of North York General Hospital. Keenly interested in computer technology, she is also actively working towards a Computer Networking and Technical Support Diploma. Previous work experience includes many years with Xerox Canada, prior to having her three children.

A NOTE FROM THE PRESIDENT

This THLA season closed, much like the previous one, on a note of uncertainty as the recommendations of the Metropolitan Toronto Health Services Restructuring Report move from paper to reality. Restructuring, merging, and downsizing are by now all too familiar terms to THLA members. It has been a difficult time for libraries.

I would like to thank the outgoing Executive for all of its hard work. Thank you to **Karen Smith** for organizing interesting general meetings. Karen received support throughout the year from **Anne Taylor-Vaisey**, our Program Planning Assistant. Thanks also to **John Tagg** for keeping THLA's books balanced; to **Marina Englesakis** for performing the secretarial duties; to **Terri Rothman** for editing the newsletter (for two years running) with the valuable assistance of **Gaby Fernandes**; and to **Colleen Mulloy** for all of her advice and assistance as Past President.

It's no secret that **Dorothy Davey**, in her role as Secretariat, keeps the Executive running smoothly, so we are happy that she will be with us again next year. **Anita Lanning**, our new President-Elect, has some interesting program ideas in mind already. **Karen Smith** will be moving into the position of President. We welcome **Robert Melrose** as Secretary and **Pam Richards** as Treasurer. **Gaby Fernandes** will become our Newsletter Editor, receiving support from **Maureen Pakosh**, the new Assistant Editor.

I would also like to extend best wishes to three recently retired members. Congratulations to **Carol Morrison**, **Madeline Grant**, and **Bernice Friedman** and good luck with future endeavours.

In closing, I want to encourage members to renew their THLA membership for the forthcoming year and to consider taking an active role on the Executive. Joining the Executive is an excellent way of serving your colleagues, and it is enjoyable too.

- Brian Cameron, President

1998-1999 EXECUTIVE

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CONSORTIUM NEWS

HEALTH SCIENCE INFORMATION CONSORTIUM OF TORONTO WEBPAGE ONLINE

Laurie Scott is pleased to announce that the Consortium web site is ready to go live! The Electronic Resources Subcommittee, and its Web Page working group, have worked hard on determining content and reviewing the site as it developed. And now it's ready! Many thanks to Shahida Rashid, who has done the majority of the work in constructing the site. It can be found at:

utl1.library.utoronto.ca/www/hsc/index.htm

Please bear in mind that the website is still under development, and will be an ongoing "work in progress." Feedback, comments and suggestions are most welcome, and may be sent directly to Laurie Scott. Please send corrections to member listings, e-mail addresses, etc. to Shahida at rashid@ftn.net.

PUBMED AND INTERNET GRATEFUL MED TRAINING MANUALS

The following training manuals and workbooks for PubMed and Internet Grateful Med are available for downloading from the National Library of Medicine's website:

- Introduction to Web-based Searching for the Librarian and Information Specialist: Using PubMed and Internet Grateful Med to Search NLM's Databases
- Making the Transition: Converting to PubMed and Internet Grateful Med to Search NLM's Databases
- PubMed: A Training Manual for NLM's Web-based System
- Internet Grateful Med: A Training Manual for NLM's Web-based System

The manuals are available in PDF, PostScript and WordPerfect 6.1 formats and can be found at:
www.nlm.nih.gov/pubs/web_based.html

One of the advantages of being disorderly is that one is constantly making exciting discoveries.

- A.A. Milne

GOODNIGHT MOON - THE MEDICAL EDITION

In the great green room
There was an IV pole
And a swallowed balloon
And a picture of -

A nurse jumping over the moon
And there were piles of charts lined up in carts

And two hematomas
And a pair of lipomas
And an elbow on ice
And a toddler with lice

And a sty and a lush and a baby with thrush
And an impacted old lady who needed a flush

Goodnight room
Goodnight moon
Goodnight nurse jumping over the moon

Goodnight scope
And the swallowed balloon
Goodnight charts
Goodnight carts

Goodnight hematomas
And goodnight lipomas
Goodnight strokes
And goodnight pokes

Goodnight ice
And goodnight lice

Goodnight sty
And Goodnight lush
Goodnight chest pain
Goodnight thrush

And goodnight to the old lady who needed a flush
Goodnight sutures
Goodnight care
Goodnight patients everywhere.

*Howard J. Bennett, MD; Washington, DC
Journal of Family Practice, vol.43, no.5 (Nov), 1996
Adapted from Goodnight Moon by Margaret Wise Brown
Submitted by Rita Shaughnessy*

Y2K

All of the following web sites present the **Year 2000, Y2K,** or **Millennium bug** in greater or lesser detail, provide extensive bibliographies as well as links to other pertinent sites, but with very different emphasis.

www.year2000.com - The Year 2000 Information Center™ - "provides a forum for disseminating information about the problem and for the discussion of possible solutions." The greatest strength of this site is the full-text presentation of pertinent documents - (many authored by the web-site owner - Peter de Jager; an acknowledged expert in the field). A number of these documents focus on the impact of introducing a new European currency in 1999. Gives an excellent international perspective of the overall problem.

www.y2k.com "explores the multitude of legal issues related to identifying, controlling and remediating the problem, in addition to the litigation that will arise if/when the malfunctions begin." The site's main headings are: Liability, Disclosure, Contracting Ideas, Legislation, etc... The Legal FAQ's section is well presented with a minimum of legal jargon. All, of course, in an American context.

strategis.ic.gc.ca/sc_mangb/y2k/endoc/homepage.html is published by the Canadian Federal Government/Industry Ministry to present the mandate for TASK FORCE YEAR 2000. Under the heading 'Management Challenge' is a document which outlines the problem in fairly simplistic terms and exhorts CEO's to act. In a more practical vein, under: 'Technical Challenge' (strategis.ic.gc.ca/SSG/yk04411e.html) an "Action Plan" details how measures should be implemented to minimize disaster. A Canadian Service Providers Directory is also found here.

Websites evaluated by Mary Robinson

HEALTH ADVICE IN CYBERSPACE

Beware the Internet as a source of information about health and medicine. A study by a U.S. polling company examined 160 health Web sites found fewer than half were operated by reliable agencies such as government departments, medical centres, medical schools and professional associations. Interactive Solutions Inc. of Washington, D.C., reports most sites are produced by consumers, vendors, manufacturers and unidentified sources. Last year, about 15.6 million adults searched for online health information, including 43 per cent of all Internet users. That's an increase of 38 per cent over 1996. This year the number is expected to rise to 27 million. "Trying to get health information from the Internet is like drinking from a firehose, and you don't even know what the source of the water is," says Mary Jo Derring, of the U.S. Department of Health and Human Services.

The Globe and Mail, Research Digest, May 2, 1998, p.D5.

CONTINUING EDUCATION / UPCOMING EVENTS

Faculty of Information Studies, University of Toronto Continuing Education Courses

For more info, contact Marcia Chen (416) 978-7111; Fax: (416) 971-1399; e-mail: conted@fis.utoronto.ca; or www.fis.utoronto.ca. FIS courses cost from \$85 - \$395. There is a discount for early registration.

- May 8 Advanced Search Tools for the Web
- May 14, 15 Websites: Planning, Implementation and Management
- May 15 Electronic Records Management
- Jun. 5 Internet Basics
- Jun. 12 Introduction to Networking and Local Area Networks
- Jun. 19 Creating Documents for the WWW
- Jun. 26 Advanced Search Tools for the Web
- Jul. 13-Aug. 17 Mastering Web Searching
- Jul. 31 Advanced Search Tools for the Web
- Aug. 24 Ready... Net... Go...

QuickDoc Workshops

The Health Sciences Consortium of Toronto has arranged for Jay Daly to conduct two QuickDoc workshops in Toronto. Both courses are certified for MLA CE credits.

Friday, **June 12, 1998**; Gerstein Science Information Centre, University of Toronto.

Introductory: 10:00 am - 1:00 pm

Advanced: 2:00 pm - 5:00 pm

Cost is \$25 per person for one course, or \$30 for both.

Deadline for Registration is **June 5, 1998**

Please contact the Consortium for more information:

Tel: 416-978-6359; 978-1847; Fax: 971-2637; scottl@library.utoronto.ca

Consumer Health Information Service Metro Toronto Reference Library

CHIS hosts free health education presentations at 789 Yonge Street.

June 17 **Sleep Disorders: Waking Up to the Facts**
6:30 - 7:30 pm Speaker: Cynthia O'Beirne, MN, RN
Sleep/Wake Disorders Canada

CONFERENCES

MLA: Visions of the Future, Reflections on the Past
May 23-27, 1998, Philadelphia, PA
www.mlanet.org/am/mla98.html

CHLA/ABSC: Capitalizing on Information

June 5-10, 1998, Ottawa/Hull
www.uottawa.ca/library/health/chla98

The 22nd annual CHLA/ABSC conference will be opened on June 8th by keynote speaker Alan Nymark, Associate Deputy Minister of Health. The program will challenge delegates to critically appraise information and its sources; discuss copyright and library advocacy; and manage information proactively. CE courses include: evidence-based healthcare; benchmarking; QuickDoc; reinventing yourself in the workplace; the Internet; and EMBASE.

SLA: Leadership, Performance, Excellence: Information Professionals in the Driver's Seat
June 6-11, 1998, Indianapolis, IN
www.sla.org/conf_meet/sneak.html

CLA: Reality Check: Seductive Futures, Sobering Present

June 17-21, 1998, Victoria, BC
www.yonahs.com/cla98
www.cla.amlibs.ca/conf.htm

Compiled by Gaby Fernandes (416) 756-6746
fernandes@library.utoronto.ca

*The closest you will ever come
in this life to an orderly universe
is a good library.*

- Ashleigh Brilliant

GENERAL MEETING REPORT

WHAT IS CLINICAL RESEARCH?

Sue Pearen, RN, Bsc, BSC
Clinical Research Associate, Purdue Frederick
Monday, April 6, 1998, Mount Sinai Hospital

Ms. Pearen covered many of the elements of clinical research, starting with the generation of an idea or the recognition of a problem. The example used was the use of oral budesonide for active Crohn's Disease.

She noted that research like this doesn't happen in isolation, that there is a relationship between the clinicians, the drug manufacturers, and any regulatory bodies, such as the government, in particular the Health Protection Branch. These are some of the members of the research team, who provide an integrated approach to the problem in question. Other members may include: physicians, residents, interns, study co-ordinators, pharmacists, research ethics boards, and patients.

Protocol development is critical to the process, as are the types of studies. The protocol is highly structured, with its objective being the specific question that the study is designed to answer, a clear statement of the hypothesis to be tested. Ms. Pearen outlined the different phases of clinical trials which are the increasingly demanding studies a drug must satisfy before it comes to the market.

Reports from these studies normally result in an article, and hopefully in a peer-reviewed journal. Once the drug is approved, post-market surveillance is maintained to ensure the efficacy of the drug. The process from an idea to market could take up to 20 years.

Ms. Pearen provided several handouts to support her presentation, including an outline of Clinical Research, and a medical journal article to follow as an example.

At the end of the presentation, Ms. Pearen had the group play a game of "Clinical Research Bingo" testing the knowledge we had learned in the presentation. Susan Murray of the Consumer Health Information Service won with the most correct answers. It certainly was a challenge!

- Marina Englesakis, THLA Secretary



1997 - 1998 THLA EXECUTIVE

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THLA NEWS DEADLINE for submissions

September Issue: September 9

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