

Miss Davida Glazer  
Health Sciences Library  
Sunnybrook Health Science Centre  
2075 Bayview Avenue  
North York, ON M4N 3M5

## ***THLA News***

*Vol. 12 No.2*

*Toronto Health Libraries Association*

*November 1992*

A long standing tradition, the THLA Christmas Party began in 1964 as a Christmas sherry party for the Toronto Medical Library Group. Over the years it has developed with the addition of food, deserts, door prizes and most recently entertainment! Despite many changes on the library scene since its beginning, and challenges such as record setting storms, the party held at the Ontario Cancer Institute/Princess Margaret Hospital Staff House has always been a success. So please, come one, come all, to join the festivities and to be part of the tradition of the:

### ***THLA***

## ***29th ANNUAL CHRISTMAS PARTY***

*held at*

*2 Wellesley Place  
Ontario Cancer Institute Staff House*

*Monday, December 7, 1992*

*6 pm to 9 pm*

**COST: THLA MEMBERS \$12.00**

**NON-MEMBERS: \$15:00**

**PAY AT THE DOOR**

Cost includes hot and cold hors d'oeuvres, one glass of wine, and lots of deserts to choose from. Tickets for additional drinks \$2.00. Another traditional aspect of the party (of not quite such long standing) Rosemary Ulliot will tend the bar. Deserts are provided by THLA members. Anyone who wishes to donate a desert please contact Sylvia Newman by November 30th at 978-1580. Entertainment, conviviality, and even door prizes will make it a complete and festive evening. Our thanks to Carol Morrison of OCI for hosting the party.



## *President's Message*

by Madeline Grant

**T**HLA's year got off to an excellent start with our first program in September: on personal and professional stress-"what it is, what it isn't and what we can do about it." Dr. Elizabeth Thorsen, our speaker, provided information, entertainment and relaxation for all who were able to attend. Our thanks to president-elect **Sylvia Newman** for arranging the evening and for finding such an appropriate seminar leader in Dr. Thorsen.

Since October was such a busy month, with many varied library-related conferences, meetings and exhibitions (UNYOC, OHLA Canada Online, Computers in Libraries, and so forth) we decided it was not necessary for THLA to plan another program as well. Instead we will be sponsoring a program in November: "Survive or Succeed: Empowerment Strategies for Librarians" with renowned keynote speaker Kaycee Hale. This is a first for THLA in a number of respects -- it is our first joint program with the Health Science Information Consortium of Toronto (and we look forward to many more such collaborations with Executive Director Joan Leishman); and our first afternoon program; and our first November program in some time. We are also very fortunate to be getting Kaycee Hale for this special presentation; she is an inspirational speaker. More information about the program is provided in this newsletter, and I encourage you to attend. it will be worth it!

And don't forget our annual Christmas party on December 7, at 2 Wellesley Place. There will be food, fellowship and fun for all.

As mentioned last time, THLA's constitution is in need of an overhaul and update. A committee is being struck to address the revision, and we hope the work can be accomplished over the course of a couple of meetings. Please call me - at 789-5131, ext. 2353 - if you would like to serve on the committee; or if you have any other comments and suggestions about THLA programs and projects.

THLA Executive	Newsletter Team
Past President: Rosemary Ulyot	Editor: Teresa Helik
President: Madeline Grant	Associate Editor: Rebecca Strange
President Elect: Sylvia Newman	Associate Editor: Gail Knaggs
Secretary: Davida Glazer	
Treasurer: Helvi Thomas	Mailing List: Dorothy Davey



## Editor's Message

Teresa Helik

It continues to be a busy fall, even though the fall conferences are behind us, there are many worthwhile events and programs coming up. You will see that we have listed several different types of events in the Calendar of Events, including some for the first part of the new year, in the hope that this will make it a useful planning tool for you. The next THLA event is the joint THLA/Consortium program.

### Survive or Succeed: Empowerment Strategies for Librarians

by Kaycee Hale

November 19, 1992

3:00 - 4:30

Hart House Debates Room, U of T

Kaycee Hale comes well recommended by those who heard her speak at the 1991 MLA conference. The session should be well worth the registration fee of \$30.00. You should have received information and a registration form in the mail previously. If you have not yet sent in your registration do it now. If you did not receive the information or if you have any questions contact Joan Leishman at 978-6359 or Madeline Grant at 789-5131 ext. 2353.

It is membership renewal time for THLA members. Membership runs with the calendar year, so renewals should be forwarded to Helvi Thomas via HPI or to the THLA mail box as soon as possible. A renewal form is included with this issue for our convenience. Some members sent in their renewals early when the revised form was made available in June, these people do not need to renew again. If you are unsure of your status please check with Helvi. Remember that your membership must be received in time if you want to continue to receive the THLA news and to receive and be included in the directory. So make it easy for everyone and get it out of the way now.

Several people have asked about the current status of the Academy of Medicine collection. The collection is in storage at the Toronto Hospital, but it is not possible to access it. Considerable space, time and staffing concerns need to be addressed before the collection can be made available. We will keep you informed.



## Meeting Report

Susan Goddard

STRESS: PERSONAL AND PROFESSIONAL

THLA MEETING 21 SEPTEMBER 1992

7th FLOOR LOUNGE

FACULTY OF LIBRARY AND INFORMATION SCIENCE

35 members attended this helpful program. After some brief announcements from Madeline Grant, Sylvia Newman introduced Dr. Elizabeth Thorsen, from the school of Physical and Health Education, U of T. Dr. Thorsen, whose dissertation is on stress among university professors, has been doing research on personal and professional stress for 20 years.

At the beginning of the presentation, Dr. Thorsen asked members to introduce themselves and to give one reason why they came. Some common themes emerged; having to do more with less; difficulty managing time; constant demands by users; "technostress" and stress addiction.

In her remarks Dr. Thorsen gave two definitions of stress: "Stress is the body's response to any demand made on it." (Selye) and "Stress occurs when demands exceed our resources to meet them." (Lazarus).

Factors contributing to job stress are things like feeling stuck (no opportunity for advancement), not knowing how your supervisor evaluates you, lack of authority to carry out responsibilities, and, just plain too much work. Dr. Thorsen suggested the following strategies for coping:

- develop a support network
- take time to relax
- consider doing some physical exercise
- become aware of what causes you stress
- become aware of how you respond (physically and psychologically)
- develop a number of alternative responses to stress (your own repertoire)
- set life goals

At Dr. Thorsen's suggestion, members stood up and did some range of motion exercises at the end of the session. She also invited anyone who had further questions to contact her, at her office in the U of T Benson Building.



Letter to the Editor

Hello Teresa,

Hope that THLA readers can help with a request. We started to use Databooks as a vendor earlier this year and find them reliable (status reports!) and reasonable (discounts!) however, we find it inconvenient that they don't supply an 800 number which can be used by Canadian customers. Barbara Puccic, the contact person at Databooks for any issues, does not foresee any changes in the near future. If any of your readers use this service and would like to lend their support they can write to:

Barbara Puccic  
Databooks  
647 Chandler Street  
Worcester, Massachusetts. 01602  
USA

Telephone 508-756-7644  
FAX 508-756-9425

Regards,

Liz Antochin  
Glaxo Canada Inc.

|||||

Eye on Associations

Rebecca Strange

The Upstate New York and Ontario Chapter (UNYOC) of the U.S based Medical Library Association boasts members who are health science librarians from New York State counties north of Sullivan, Ulster, and Dutchess, as well as a strong contingent from Ontario! UNYOC members include at least one-half of the MLA members who reside or work within the geographical boundaries of UNYOC. The purpose of this interesting group is to promote health sciences librarianship and information through: professional growth and recognition; education and research; communication and networking; promotion of library issues and concerns; and finally, recruitment to the profession and organization.



Besides the obvious benefits of networking and professional advancement or growth that come with membership to this organization, members receive a **UNYOC Newsletter** (published three times a year), attend Annual Meetings, and participate in Continuing Education Courses.

The various goals of UNYOC include the following:

- \*To provide an international forum for communication/networking
- \*To facilitate and provide opportunities for the professional education, development and recognition of members
- \*To optimize contributions to and mutual benefits from its affiliation with the Medical Library Association
- \*To act as a common voice of the membership

The UNYOC/MLA Annual Meeting is held in October at one of the following locations on a rotating basis: Albany, New York; Ontario, Canada; Syracuse, New York; Rochester, New York; and Buffalo, New York. Elizabeth Reid (The Toronto Hospital), the UNYOC 1st Vice-Chair is the Chair/Coordinator for the Conference Planning Committee, which has been kept active with plans for **UNYOC TORONTO 1993**. Ms. Reid gave a very favorable review of this year's conference in Albany, New York. The 1993 conference dates are **Wednesday October 6th to Saturday October 9th at the Toronto Hilton**. Up to four MLA (Medical Library Association) continuing education courses are currently under consideration. The 1993 conference theme will be "Focus on the Customer".

The Conference Planning Committee for 1993 includes the following:

Elizabeth Reid	Chair
Joanne Marshall, FLIS	Continuing Education
Tsai-o-Wong, Mississauga Hosp.	Exhibits and Sponsors
Carol Morrison, OCI	Facilities
Nancy Young, Sci/Med, U of T	Hospitality
Jan Greenwood, Ont. Med. Assoc.	Programme
Susan Murray, CHIS	Public Relations
Dorothy Davey, Medical Inf. Svs.	Registration
Verla Empey, Wellesley Hosp.	Secretary
Margaret Robins, Women's Coll. Hosp	Treasurer

The 1992-1993 UNYOC **Executive Committee** includes Elizabeth Reid, as mentioned above, Joan Leishman (Science and Medicine Library, University of Toronto) who is a UNYOC member-at-large and Tom Fleming, Health Sciences Library, McMaster University, who is the Chapter Council Representative (MLA Chapter Liaison).

If you are interested in joining this interesting organization, please contact Mary Anne Trainor, Health Sciences Library, McMaster University, 1200 Main Street West, Hamilton, Ontario, L8N 3Z5 (416) 525-9140.



## Calendar of Events

Rebecca Strange

- November 13, 1992      **Information Technology and You: Now and in the Future.**  
Telemedicine  
Speaker: Ulla de Stricker
- November 13, 1992      **Legal Issues for Library Managers**  
9 a.m. - 4:30 p.m.      FLIS CE Course  
Instructor: Prof. Ronald Gilardi
- November 13, 1992      **Indexing: A Hands-on Workshop**  
9 a.m. - 4:30 p.m.      FLIS CE Course  
Instructor: Michele Hudon
- November 19, 1992      **Survive or Succeed: Empowerment Strategies for Librarians**  
3:00 - 4:30 p.m.      THLA/Consortium joint program
- November 19, 1992      **Facilitation Techniques for Planning, Problem  
Solving, and Improved Communication**  
SLA Program  
Eunice Hogeveen, Strategic Planning and Marketing consultant to the information industry applies a variety of group facilitation techniques in her work. Using a group of SLA volunteers, she explains and demonstrates how to build teams and achieve specific goals in a typical information service setting. Learn how to foster collaboration, how to ferret out the weak points in a communication flow, how to determine and set priorities and work out plans that harmonize with them.
- November 25, 1992      **Consortium Annual General Meeting**  
9:30 a.m. - 4:00 p.m.      Health Science Information Consortium of Toronto 978-1847
- November 27, 1992      **Copyright**  
9 a.m. - 4:30 p.m.      FLIS CE Course  
Instructor: Francoise Hebert
- December 4, 1992      **Information Professionals Image: Making it Work for You.**  
1:00 - 2:00 p.m.      Telemedicine  
Speaker: Stephen Abram
- December 4, 1992      **Empowering Your Library: Running a Customer-  
Focused Service Business**  
9 a.m. - 4:30 p.m.      FLIS CE Course  
Instructors: Jane Dysart and Rebecca Jones
- December 7, 1992      **THLA Christmas Party**  
6:00 - 9:00 p.m.      2 Wellesley Place, OCI



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|--|---|
| December 8, 1992                         | <b>INTERASSOCIATION HOLIDAY SOCIAL</b><br>(SLA, CASLIS, TALL, TALTA, ETC.)  |
| December 11, 1992<br>9 a.m - 4:30 p.m.   | <b>Developing your CD-ROM Collections</b><br>Instructor: Prof. Paul Nicholls  |
| January 10, 24,<br>Feb 7, 21, Mar 7 1993 | <b>A History of the Book</b><br>FLIS CE Course with Canadian Bookbinders and Book Artists Guild<br>Instructor: Richard Landon<br>Contact: Shelag Smith 851-1554 |
| January 15, 1993<br>1:00 - 2:00 p.m.     | <b>Perinatal Outreach Program and Resources</b><br>Telemedicine<br>Speaker: Nancy Dodman Perinatal Clinical Instructor  |
| February 5, 1993<br>1:00 - 2:00 p.m.     | <b>Getting Into DOCLINE</b><br>Telemedicine<br>Speaker: Jim Henderson   |
| February 9, 1993                         | <b>Survey Techniques</b><br>Metro Reference<br>CASLIS Co-ordinator: Nanci Harris  |

Also of particular interest to those "new" medical librarians, is a **Medical Terminology Course** (CEOA Section 201, 203) which is being offered at **Centennial College of Applied Arts and Technology**. The course is being offered in Winter 1993, Jan. 21, 1993 - April 22, 1993 at the Progress Campus. The cost is \$98.00 - for information please contact Centennial College, ADMISSIONS, PO Box 631, Station A, Scarborough, Ont. M1K 5E9.

CASLIS programs contact: Joanne Collingwood 661-2403 (leave message)  
CHLA Teleconference contact: Telemedicine 599-1234  
FLIS CE course contact: Marcia Chen 978-7111  
SLA programs contact: Leslie Peel 866-4651  
TALTA programs contact: Jacqueline Peacock 868-5760

## Faces and Places

Gail Knaggs

This column is for your news to other members. Please let us know about any changes, new faces in your library or other details that maybe of interest. Contact Gail Knaggs at 472-7000 ext 6635.



**Market Place**

Gail Knaggs

This column is for various types of announcements including, job advertisements (please) and for people advertisements. If you wish to advertise your skills to prospective employers or clients, please contact Gail Knaggs at 472-7000 ext 6635. THLA members only please! NB membership rates for unemployed members are reduced. Contact Helvi Thomas re membership at 431-8114.

**POSITION DESIRED: MEDICAL OR SYSTEMS LIBRARIAN**

Qualifications: Seven years experience in hospital and health sciences libraries, including management and research experience. Previous responsibilities include co-ordination of library automation systems and projects, PC support, staff training in OCLC Prism, CD-ROM systems, and INTERNET access. Extensive experience in reference and online searching services, as well as collection development and user education.

Contact: Carrie Lepow, 28 Glenrose Avenue, Toronto, Ontario. M4T 1K4 (416) 483-4455.

**NOW AVAILABLE: THLA/CONSORTIUM UNION LIST OF PERIODICALS 8th EDITION**

An order form for the Union List is enclosed with this newsletter for your convenience. Please note that the incorporation of the U of T holdings is not complete in the 8th edition. Currently titles from A-C are included.

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### MOVING CLEAR OUT

For any of the following items please call  
**Family and Community Medicine, UT Library.**  
Rita Shaughnessy - 978-5506 or Grace Ramirez - 978-3464

Annals of Internal Medicine	Vol 86 - Vol 92 1980 (bound)
Annual Review of Medicine	1976 - 1984
Canadian Journal of CME	Vol 1, 1989 - Vol 3 #6, 1991
Circulation	Vol 55, 1977 - Vol 61, 1980 (bound)
Clinical Symposia	Vol 28, 1976 - Vol 43, 1992
Lancet	1977 Vol 1&2, 1980 - 1982 (bound)
Medical Clinics	Vol 59, 1975 - Vol 64, 1980, Vol 69 #4, 1985
New England Journal of Medicine	Vol 302, 1980 - Vol 312, 1985 (bound)
Primary Care	Vol 6, 1979 - Vol 12, 1985
Yearbook of Drug Therapy	1982, 1983
Yearbook of Emergency Medicine	1982, 1984
Yearbook of Family Practice	1980, 1983

## Directory Changes

Dorothy Davey

### Personal List:

#### Change:

Ms. Carol Morrison  
TEL: 413-2000

Ms. Carole Tullis  
TEL: 413-2002

#### Add:

Ms. Carrie Lepow  
28 Glenrose Avenue  
Toronto, ON  
M4T 1K4  
TEL: 483-4455



## TORONTO HEALTH LIBRARIES ASSOCIATION MEMBERSHIP RENEWAL FORM

The Toronto Health Libraries Association (THLA) is an official chapter of the Canadian Health Libraries Association / Association des bibliothèques de la santé du Canada (CHLA/ABSC) serving Metropolitan Toronto and the surrounding area. THLA aims primarily to promote the provision of quality library service to the health community and to encourage cooperation among its members.

Surname \_\_\_\_\_ Given Name(s) \_\_\_\_\_

Miss \_\_\_\_\_ Mrs. \_\_\_\_\_ Ms. \_\_\_\_\_ Mr. \_\_\_\_\_

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Department \_\_\_\_\_

Institution \_\_\_\_\_

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For economic reasons and for ease of mailing, a business address is preferred. However, if you require your THLA mail to be delivered to an alternate address, please complete the details below :

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